



INSPIRATION: SAILING CREW EQUIPMENT CHECKLIST

ALL CREW GEARS AND BAGS SHOULD FIT IN A MAXIMUM OF TWO BAGS, NO SUITCASES ONBOARD.

1. Clothing

- Prescription glasses (2 pairs), as required
- Sunglasses (2 pairs)
- Hat & Cap
- Glasses straps
- Sailing gloves
- Boat shoes
- Swimsuits
- Wet suits
- Towels
- Rain gear
- Cold-weather clothing, jackets (as needed)
- Warm-weather clothing (as needed)
- Daily-wear clothes
- Waterproof bag

2. Toys

- Dive mask
- Snorkel
- Camera
- Reading materials
- Music & headsets
- Phone, Battery & chargers

3. Safety Equipment

- Personal knife
- Pocket flashlight, fully charged, and chargers
- Head light (with red light)
- Handheld GPS (if any)
- Personal EPIRB (if any)

4. Comfort

- Kleenex
- Hand cream
- Chapstick
- Insect-bite relief

5. Basic Personal Medical Kit

- Sunscreen (min. SPF-15)
- Motion-sickness pills
- Acupressure wrist bands
- Artificial tears
- Ibuprofen
- Acetaminophen
- Gelusil
- Metamucil

6. Others

- Passport
- Visas (as required)
- Boat license (if any)
- Radio license (if any)